





Individualized Health Care Plan

Student Name:

School Year:

Seizure Disorder Individualized Healthcare Plan

SECTION I			
Student:			WT: HT:
Grade:	D.O.B	Any Known Allergie	
School:			
District:		Bus (check one) □Y Bus #AM	
School Nurse:		Pager #	Bus #PM Cell #
Medication taken at ho	me: (please list)		
Contacts			
Mother	Home #	Work#	Pager/Cell #
Father	Home #	Work#	Pager/Cell #
Guardian/Custodian	Home #	Work#	Pager/Cell #
Home Address		City #	Zip
Emergency Contact (Relationship)		Home #	Work#
Physician		Phone #	Fax#
Physician Address		City	Zip
Date Special Notes			





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SECTION II: EMERGEN	ICY ACTION PLAN		
Does student experience an a	aura before seizures? No	Yes If "Yes", describe:	
Behavior or activity student	usually exhibits during seizure	es:	
IF YOU SEE THIS		DO THIS	
Onset of Seizure Activity	Student HAS *VNS (Vagus Nerve Stimulator)	Swipe VNS with magnet per prescriber's order Then follow steps written below:	
	Student DOES NOT have VNS (Vagus Nerve Stimulator)	Remain with student and provide verbal reassurance. Provide privacy. Do not restrain student.	
		Note time at onset of seizure activity and time duration. Document activity noted, time of onset and duration on Seizure Log form. Contact parent.	
Stiffening and jerking movements consistent with <i>Tonic-Clonic</i> or <i>Gran Mal</i> Seizure		Follow steps listed above, and Ease student to floor and place in side-lying position. Cushion student's head. Remove surrounding objects that could cause injury.	
	Student DOES NOT have emergency medication ordered for school setting:	Call 9-1-1 if: Seizure lasts longer than 5 minutes Second seizure occurs before recovering from first seizure Injury occurs during seizure	
Student HAS emergency medication ordered for school setting: *Medication: (Diastat &/or Versed to be administered by licensed nurse only)		Licensed School Nurse or trained Medication Assistant will administer medication per prescriber's order. Call 9-1-1 Note and document time medication was administered and any change in student's condition for report to EMS personnel	

*ALL MEDICATIONS GIVEN AT SCHOOL REQUIRE A SCHOOL MEDICATION PRESCRIBER/PARENT AUTHORIZATION SIGNED BY THE PRESCRIBER

School Nurse Use Only

*Medication and/or Magnet	Expiration Date	Self-Carry?	Location of Medication and/or Magnet

N-4 /C				
Notes /Special				
Instruction				







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SECTION III:

Seizure Disorder, also known as Epilepsy, is a disorder of the central nervous system characterized by a tendency for recurrent seizures. The term "seizure" refers to sudden, uncontrolled episodes of abnormal behavior related to abnormal electrical discharges in the brain. A seizure is a symptom of the disorder just as fever is a symptom of infection. Seizure disorders are not contagious or a sign of mental illness. Only in rare cases do seizures require emergency intervention. Most seizures are over in a few minutes and do not require medical follow up.

Avoid circumstances that may lower seizure threshold (please list):				
CLASSROOM:	PHYSICAL EDUCATION:			
□ Observe student for evidence of seizure activity.	☐ Allow student to self-limit physical activity			
If seizure activity noted:	□ Observe student for evidence of seizure activity			
Begin following steps listed in student's	If seizure activity is noted:			
Emergency Action Plan Contact the School Nurse	Begin following steps listed in student's			
Contact the School Nuise	Emergency Action Plan Contact the School Nurse			
	Contact the School Pulse			
Considerations for outdoor activities:	Considerations for outdoor activities:			
□ Describe:	□ Describe:			
□ None required	□ None required			
□ Other:	□ Other:			
Additional Instructions/Notes:	Additional Instructions/Notes:			
	The state of the s			
FIELD TRIPS:	BUS TRANSPORTATION:			
☐ Student has <u>Diastat</u> order: ☐ Yes or ☐ No ➤ If "yes", student will be accompanied by Licensed	If seizure activity noted, follow plan written here:			
Nurse or parent				
F. T.				
☐ Student has other emergency medication ☐ Yes or ☐ No				
Student will be accompanied by trained				
Medication Assistant, Licensed Nurse or Parent Other:				
- Culoi.				
EMERGENCY DRILLS AND SCHOOL CRISIS	OTHER:			
EVENTS				
□During Crisis Event Follow School Safety Plan. □ School Nurse will secure medications in	After School Care:			
accordance with school safety plan				
prairies with someof surety prair				
☐ In event of building evacuation, School Nurse or	Extracurricular Activity:			
Medication Assistant will evacuate with medications.	Extraculticular rectivity.			
☐ In event of building evacuation, School Nurse Location is:				
☐ Student requires assistance to evacuate building?				
□ No □ Yes				
➤ If "yes", describe:				



Alabama State Department of Education



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Written Notes/Addendum to Plan of Care

		on the state of th	
DATE			PARENT/ GUARDIAN INTIALS (if needed)
			<u> </u>
I give pe	ermission for my child to be transported	with this Individualized Healthcare Plan. to the hospital indicated on this form, in the event of an child's medical information, in the event of an	ent of an emergency. emergency.
Signature of Pa	rent or Guardian	Date	
Signature of Sci	hool Nurse	Date	



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Individualized Health Care Plan Student Name: School Year: SCHOOL MEDICATION PRESCRIBER/PARENT AUTHORIZATION

STUDENT INFORMATIO	
Student's Name:	School:
Date of Birth:/ Age:	Grade: Teacher:
□ No known drug allergiesif drug allergies list:	Weight:pounds
PRESCRIBER AUTHORIZATION (To be completed b	y licensed healthcare provider)
Medication Name:	Dosage:Route:
Frequency/Time(s) to be given:	Start Date://_ Stop Date:/_/_
Reason for taking medication: Potential side effects/contraindications/adverse reactions: Treatment order in the event of an adverse reaction: SPECIAL INSTRUCTIONS: Is the medication a controlled substance? Is self- medication permitted and recommended?	Yes
If "yes" I hereby affirm this student has been instructed	100
On proper self-administration of the prescribe medication.	
Do you recommend this medication be kept "on person" by student?	Yes No
Printed Name of Licensed Healthcare Provider:Phone: ()	Fax:
Signature of Licensed Healthcare Provider:	Date:
PARENT AUTHORIZATIO	ON .
I authorize the School Nurse, the registered nurse (RN) or licensed practical nurse (LPN) to admin my child in taking the above medication in accordance with the administrative code practice rules. be necessary if the dosage of medication is changed. I also authorize the School Nurse to talk with medication. Prescription Medication must be registered with School Nurse or trained Medication Assistants. name, prescriber's name, name of medication, dosage, time intervals, route of administration and to Over the Counter Medication must be registered with the School Nurse or Trained Medication A Education Agency Policy for OTC medication to be followed:	I understand that additional parent/prescriber signed statements will the prescriber or pharmacist should a question come up with the Prescription medication must be properly labeled with student's the date of drug's expiration when appropriate.
Parent's/Guardian's Signature:Date:// Phone: ()
SELF-ADMINISTRATION AUTHOR	RIZATION
(To be completed ONLY if student is authorized to complete self-	care by licensed healthcare provider.)
I authorize and recommend self-medication by my child for the above medication. I also affirm the	at he/she has been instructed in the proper self-administration of the
prescribed medication by his/her attending physician. I shall indemnify and hold harmless the school	ool, the agents of the school, and the local board of education against
any claims that may arise relating to my child's self-administration of prescribed medication(s).	
Signature of Parent: Date://	Phone: ()



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Communication of the Individualized Health Care Plan SECTION IV:
☐ Check this Box if Read Receipt is used to communicate Individualized Health Care Plan to staff. * Nurse to attach Read Receipt document to this packet.
☐ Check this box if staff receives and signs below for Individualized Health Care Plan.
I have read and understand this student's Individualized Healthcare Plan, and have printed a copy to be maintained in my confidential folder/binder of instructions for substitute teachers.
I have been given the opportunity to ask questions.
I understand my role in addressing this students medical needs.
I am aware the school nurse is available to help clarify any future concerns.

Employee Name	Employee Signature	Position	Date
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