

Counseling Connection March

Warrior Word Humility

Not thinking too highly of ourselves and filling our minds and hearts up with pride.

"...All who make themselves great will be made humble, but all who make themselves humble will be made great." Luke 18:14

"The growth of humility in your child's life will lead to positive development in many other areas of their character and relationships."

Counseling Focus

Classroom counseling lesson topics:
PreK- Understanding Feelings & What God Says About Them
Kindergarten- Apologies, Created with Emotions
1st- Helpful Choices, Empathy
2nd- Super Student Skills- Staying on Task, Ignoring Distractions
3rd- Friendship Problems
4th- Executive Functioning- Flexible Thinking, Self Awareness- Body Language
5th- Humility & Peer Pressure
6th- Character Traits of God; Growing in Godly Character

Be sure to ask your child what we are discussing during counseling lessons. A lot of the skills we are working on can be practiced at home too! These are life lessons that will hopefully make a positive impact into the future!

Parent Resources

7 Tips for Teaching Kids How to Be Humble:

- Foster a culture of listening first
- Learn to exercise and grow in empathy towards others
- Foster a mindset that sees invitations rather than inconveniences
- Practice a culture of gratitude
- Model and encourage a culture of respect
- Fuel others through words of encouragement
- Celebrate opportunities to serve

Want to learn more about parenting with humility?

Click on these links:

[Parenting with Humility Podcast](#)

[Teaching Our Kids Humility and Selflessness](#)